

# Planning for Transition



#### What are Transition Services?

Transition services are activities that help your student prepare for goals after graduation. They help make plans for living, learning and earning after high school and may include activities to help develop skills for:

- Post-secondary education
- Career training
- Employment
- Adult services
- Independent living
- Community participation such as recreational, neighborhood living, and leisure activities



### Why Plan for Transition?

Transition planning focuses attention on how the student's educational program can be planned to help the student make a successful transition for life after high school, including:

- Providing instruction and courses of study that are meaningful to the student's future and will motivate the student to complete his or her education;
- Teaching students skills and knowledge needed in adult life
- Providing links to adult agencies for a smooth transition

### What is the IEP Transition Plan?

Once a year, at the Individualized Education Program (IEP) meeting, the IEP team will review the Transition Plan. The transition Plan is part of the IEP and includes the student's:

- Goals after graduation
- Interests, strengths, and career goals
- Activities the student can do to help him/ her reach goals in career, self-advocacy, and independent living
- Services that can help move the student towards desired goals
- Plans for after high school-further education/training and/or employment

### What Age does Transition Appear on the IEP?

Beginning with the IEP to be in effect when a student is age 15, and updated annually, the IEP must include a statement of needed transition services and a statement of the responsibilities of the school district and when applicable, participating agencies for the provision of services and activities that promote movement from school to post-school opportunities, or both, before the student leaves the school setting.

#### Who Plans for Transition?

- Parents or guardians
- The student
- The school principal or designee
- The student's teachers
- Adult service agency representatives
- Other school staff, such as school counselor, related school and transition personnel



# **Preparing for Transition**

The Student's Role:	The Family's Role:
<ul> <li>Share your dreams, goals, and needs</li> <li>Attend school every day</li> <li>Do your best every day</li> <li>Attend your IEP meeting and ask questions</li> <li>Use provided resources to achieve your goals</li> <li>Know the graduation requirements and diploma types</li> <li>Stay in school and graduate</li> </ul>	<ul> <li>Help your child identify interests and abilities</li> <li>Help them stay on track with academic, work and life skills</li> <li>Support and encourage your child to accomplish his/her goals</li> </ul>

#### Rochester City School District Department of Special Education

## **Transition Team**

The Transition Team provides assistance and trainings to Principals, Building Staff, and Associate Directors relating to:	The Transition Team can provide assistance and support in collaboration with school staff at the request of Students and Families in the areas of:
<ul> <li>Graduation Pathways</li> <li>Transcript Review</li> <li>Career Development and Occupational Studies Credential</li> <li>Transition in the IEP</li> <li>Indicator 13 Compliance</li> <li>Work Based Learning documentation</li> <li>Project SEARCH placement</li> <li>Linkage to ACCES VR</li> <li>Access to Community Resources</li> </ul>	<ul> <li>Transition Services</li> <li>Graduation Pathways</li> <li>Community Resources</li> <li>Work Based Learning Experiences</li> </ul>

## **Community Resources**

Adult Career and Continuing Educational Services Vocational Rehabilitation (ACCES-VR)

109 S. Union Street Rochester, New York 14607 Phone:

(585) 238-2900 Fax: (585) 325-2001

www.http://www.acces.nysed.gov/vr/rochester-district-office

Office for People with Developmental Disabilities (OPWDD)

620 Westfall Road Rochester, NY 14620

Phone: (585) 461-8500 Fax: (585) 461-8764

www.opwdd.ny.gov

Office of Mental Health (OMH)

1099 Jay Street, Bldg. J Suite 201A Rochester, NY 14611

Phone: (585) 753-6047

www2.monroecounty.gov/mh-index.php

Heritage Christian Services

275 Kenneth Drive, Suite 100 Rochester, NY 14623

Phone: (585) 340-5728 Fax: (585) 340-2006

www.hertiagechristianservices.org

# Rochester City School District Transition Team Contact Information:

# Email: Transition@rcsdk12.org